



Foods Toxic to Your Dogs & Cats

- **Alcoholic Beverages:** Can cause intoxication, coma and death.
- **Apple Seeds:** Contains cryogenic glycosides which result in cyanide poisoning.
- **Avocados:** The fruit, pit, and plant can all cause difficulty breathing, fluid accumulation in chest, abdomen and heart.
- **Baby Food:** Can contain onion powder which is toxic to dogs.
- **Broccoli in large amounts.**
- **Candy with Xylitol.**
- **Cat Food:** Can cause diarrhea and/or Pancreatitis from the sudden change in diet.
- **Cherry Pits:** Contains cyanogenic glycosides which result in cyanide poisoning.
- **Chocolate, Coffee, Tea and Caffeine Products:** Caffeine, Theobromine, and Theophylline can be toxic and affect the heart and nervous system.
- **Citrus Oil Extracts:** Can cause vomiting.
- **Fat Trimmings from Leftovers:** High fat content can cause Pancreatitis – especially cooked fats.
- **Grapes and Raisins:** An unknown toxin can damage the liver.
- **Hops:** Causes panting, increased heart rate, elevated temperature, seizures and death.
- **Human Vitamin Supplements with Iron:** Can damage the lining of the digestive system and be toxic to liver and kidneys as well.
- **Large Amounts of Liver:** Can cause Vitamin A toxicity which affects muscles and bones.
- **Macadamia Nuts:** Unknown toxin can affect the digestive and nervous systems and muscle.
- **Marijuana:** Can depress the nervous system, cause vomiting and changes in heart rate.
- **Moldy or Spoiled Food:** Can cause vomiting and diarrhea, and also affect other organs.
- **Mushrooms/Toadstools:** Toxins may affect multiple systems, cause shock and result in death.
- **Mustard Seeds.**
- **Nutmeg:** Can cause tremors, seizure and death.
- **Onions and Garlic:** Sulfoxides and Disulfides which can damage red blood cells causing Anemia. Garlic less toxic than Onions.
- **Persimmons:** Seeds can cause intestinal obstruction and enteritis.
- **Pits from Peaches, Pears and Plums:** Cause obstructions and contains cyanogenic glycosides which result in cyanide poisoning.
- **Potato, Rhubarb and Tomato Leaves; Potato and Tomato Stems:** Contain oxalates which can affect digestive, nervous and urinary systems.
- **Salt:** Can cause electrolyte imbalances when eaten in large amounts.
- **Tobacco:** Nicotine affects digestive and nervous systems. Can result in rapid heart beat, collapse, coma and death.
- **Walnuts.**
- **Yeast Dough:** Can expand and produce gas in the digestive system, causing pain and possible rupture of stomach or intestines.